

Analysis on the Present Situation and Countermeasures of College Football Teaching under the New Situation

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Keywords: New Situation; College Football; Teaching Status; Countermeasures; Analysis

Abstract: Due to the disadvantages of football in colleges and universities, China has issued many documents on the reform of physical education, and many colleges and universities have also responded to the call for more humanized teaching. Colleges and universities offer a wide variety of sports programs for students to choose according to their personal interests and hobbies, so that students can participate in them more actively. However, up to now, there are still many deficiencies in football teaching in colleges and universities in China, which also affects the development prospect of football education in colleges and universities in China to a great extent. Therefore, this paper will combine some personal views, have an in-depth analysis of the existing problems in its current situation, and put forward some corresponding countermeasures, in the hope that readers can get inspiration from this paper and it can provide a steady stream of power for China's college football teaching career.

Along with the present situation of football teaching in colleges and universities, the disadvantages emerge continuously, so our country has to issue the teaching reform documents to carry on the in-depth reform. Since college football is an important course in college physical education, whether it can attract students to participate actively is a tough challenge for teachers. As we all know, football is one of the most popular sports in the world, but the level of football in China has not improved, so it can be seen that football teaching in colleges and universities is of great significance to promote the development of China's football career. Therefore, in the current new situation, it is very necessary to change the status quo of football teaching in Chinese universities, deeply analyze the shortcomings and put forward countermeasures so as to continuously improve the level of football teaching in Chinese universities.

1. Present situation of football teaching in colleges and universities

At present, in addition to some professional sports colleges and universities in China, other colleges and universities are only coping with the teaching of football, many of the football teachers in these colleges and universities are very amateur. In football class teaching, teachers do not explain and train students' professional knowledge and skills, but simply count names and let students arrange by themselves. Due to the shortage of teachers' resources and the low level of professional skills, they cannot lead students to conduct football training and stimulate their enthusiasm for football learning, which affects the quality of football teaching in colleges and universities to a certain extent. In addition, due to the impact of exam-oriented education in China, many colleges and universities pay very little attention to physical education, and football teaching has been restricted, which is also one of the reasons for the current low level of football in China, so the reform of football education in China is imperative.

2. Deficiency of College Football Teaching

2.1 College Football Teaching Site Resources Are Less

According to the survey results of sports venues in China, the per capita utilization rate of sports venues is very low while in the physical education of colleges and universities, the per capita utilization rate of sports venues is less than 2m², which seriously fails to meet the teaching standards of college physical education. For football teaching in colleges and universities, the standard is to have a 5-player system, 7-player system and training land as well as two regular football fields. Obviously, most colleges and universities in China do not have such conditions, which greatly limits the development of China's football cause. As shown in figure 1:

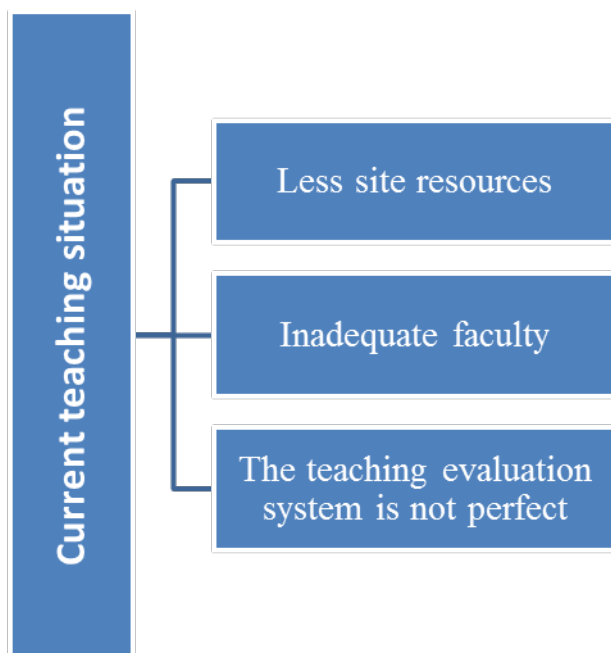


Figure 1. Current teaching situation

2.2 There Are Not Enough Teachers for Football Teaching In Colleges and Universities

As is known to all, the football level of our country ranks very low in the world, which indicates that the football teaching professional field of our country and the football teaching field of amateur and college coaches are far from professional teaching level. Compared with the amateur football teaching, the football teaching level of Chinese universities is still in a relatively excellent stage, so it is extremely necessary to have higher teaching level and more professional football skills of college football coaches. Up to now, China is still relatively lack of outstanding college football coaches, which leads to the lack of teachers to a large extent. Meanwhile, the level of football teaching in China's colleges and universities can not reach the expected effect and it will let the students feel bored when learning to play football over time.

2.3 The Evaluation System of College Football Teaching Is Not Perfect

Besides the two points mentioned above, the low level of football teaching in colleges and universities in China comes from the limitation of traditional exam-oriented education system in China. Under such restrictions, teachers usually don't pay attention to physical education teaching, schedule arranged on the physical education also tends to be occupied by other academic teachers, because most of the teachers think sports teaching does not improve the result of the examination, and even spread the idea to the students. As a result, students also produce this kind of resistance. In

addition, under the limitation of this system, the evaluation of college football teaching is also subject to the evaluation standards of exam-oriented education to a large extent. However, football is a technical subject, and teachers cannot determine whether students have really mastered football skills through simple exam-oriented education evaluation when conducting football proficiency tests on them. Therefore, in the case of serious in-conformity with this evaluation system, the effect of football teaching is minimal.

3. Countermeasures of College Football Teaching Under the New Situation

3.1 Expand the Football Field and Increase the Resources of College Football Teaching Space

In order to ensure the smooth progress of football teaching in colleges and universities, colleges and universities need to expand the football field, so as to continuously increase the football teaching resources in colleges and universities in China. Universities need to make sure they have a standard, dedicated place if they are to produce good students who can develop more professional football skills. Sufficient teaching land can provide a better teaching environment for football teaching in colleges and universities, and teachers' later technical training can cultivate more football students with high professional quality. As shown in figure 2:

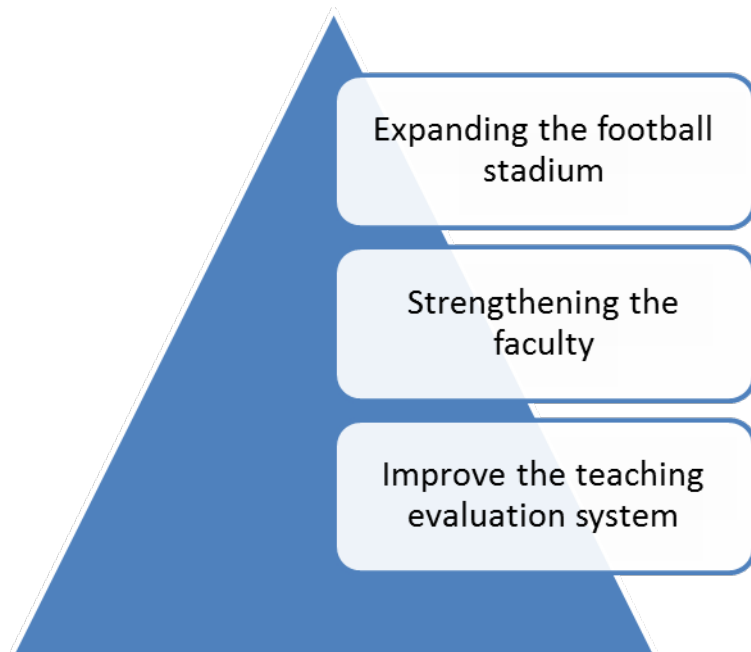


Figure 2. Teaching strategies

3.2 To Improve the Faculty of Football Teaching In Colleges and Universities

In order to ensure that the football teaching level of Chinese universities can be steadily improved, it is necessary to start from the construction of the teaching team and continuously improve its faculty. In order to improve the teaching level, we should actively train football coaches in colleges and universities to master more football skills so as to better teach students. One of the most important foundations of college football teaching is the faculty. This is because teachers with high professional level can better motivate students to conduct football training, and they can also conduct diversified teaching in combination with the actual situation, so that students can truly experience the fun brought by football.

3.3 Improve the Teaching Evaluation System

For the technical football subjects, the traditional teaching evaluation system is not suitable for it to conduct teaching evaluation. Football teachers in colleges and universities should make great improvement of the existing teaching evaluation system from the professional angle according to the actual situation so as to ensure that they can know how much students have mastered football skills to a comprehensive degree to find out the existing problems and timely solve them. Only by this way can they ensure the greater development of the overall quality of football teaching in universities.

4. Conclusion

Due to the low level of football teaching in colleges and universities in China, the shortage of teachers' resources is severe and the low level of teaching is backward, so it is difficult for students to learn relatively professional football skills and they may even not be interested in football courses, which causes serious problems in football teaching in colleges and universities. Therefore, in the new situation, China needs to provide sufficient football resources, constantly improve the resources and level of teachers, and at the same time, continue to popularize the awareness of football competition to the public, so as to stimulate the potential of students and make the football teaching in colleges and universities develop well.

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